

## FN 393 Educational Techniques in Dietetics

Spring 2010

**Course Description:** Principles and theories of learning; resources, methods and techniques for teaching in dietetics; group dynamics and facilitation; program planning and evaluation. Prerequisite: FN 253. Recommended: Comm 101. (2 credits)

**Class Schedule:** 9:00-10:50 am Thursday, CCC 114

**Instructor:** Mrs. Deborah Tang, MS, RD, CD  
CPS 238A  
346-2749  
Email: [dtang@uwsp.edu](mailto:dtang@uwsp.edu)

**Office Hours:** 1:00-2:30 pm Tuesday and by appointment

**Text Rental:** Holli, B., Calabrese R., and O'Sullivan Maillet J. *Communication and Education Skills for Dietetics Professionals*. 4<sup>th</sup> ed. Lippincott Williams & Wilkins, Philadelphia, 2003.

**Supplementary Material:** Postings on D2L.

### Course Objectives:

- Students will gain the knowledge and skills to effectively communicate as nutrition professionals.
- Students will be able to identify individual, social, and cultural factors which influence behavior change and apply them in nutritional interventions.
- Students will be able to apply theories from the behavioral and social sciences in developing intervention strategies that help people determine personal food choices that result in lifestyle change.

### CADE: Foundation Knowledge and Skills for the Didactic Program

#### Working Knowledge:

- Lay and technical writing
- Interpersonal communication skills
- Educational theory and techniques
- Concepts of human and group dynamics
- Public speaking
- Educational materials development
- Psychology
- Health behaviors and educational needs of diverse populations
- Role of food in promotion of a healthy lifestyle
- Diversity issues

#### Demonstrated Ability:

- Present an educational session for a group
- Use current information technologies
- Work effectively as a team member

**Tentative Course Evaluation:**

<b>Assignments</b>	<b>Points</b>
3 quizzes	90
Newspaper article	50
Newsletter	30
<b>Teaching Project (150 points)</b>	
Lesson plan	35
PowerPoint or teaching poster	25
Poster or flyer (advertising)	20
Handout	20
Teaching activity	30
Audience Evaluation tool	20
Teaching Project Report Presentation	45
Teaching Project Self Evaluation	30
<b>Total</b>	<b>395</b>
Extra credit: Dietetics majors – Set up ePortfolio profile, pages; post teaching project and reflection	20
Extra credit: Non-dietetics majors – Gem report on “Communicating Healthy Eating”	20
<b>Extra credit must be submitted by 9am on May 13, 2010.</b>	

**Tentative Grading Scale:**

Grade	Percentage
A	93-100%
A-	90-92.9%
B+	87-89.9%
B	83-86.9%
B-	80-82.9%
C+	77-79.9%
C	73-76.9%
C-	70-72.9%
D+	67-69.9%
D	60-66.9%
F	<60%

**Student Responsibilities for Successful Coursework:**

**Attendance:** Students should plan to attend all classes and are responsible for all information presented in class. Notify the instructor in person, by telephone or email if an absence is anticipated. Class begins promptly at the scheduled time.

**Reading assignments:** Relevant chapters are listed in this syllabus, additional course materials are provided in D2L. Students will be more successful in understanding and applying the information in the class if the readings are completed before the class period during which a given topic is covered.

**Assignments:** Written work must be typed or computer-printed. The teaching project will be submitted in **both** a hard copy and electronic format on D2L. Late assignments will never receive full points.

**Quizzes:** Students must notify the instructor, AT LEAST 1 WEEK PRIOR TO A QUIZ, if he/she will be absent. Without prior notification, quizzes cannot be made up.

### Tentative Schedule for FN 393 – Spring 2010

Week / Date	Topic	Text Readings and D2L Postings
1 – January 28	Introduction Communication skills for dietitians Presenting to the general public / professionals	JADA Position Paper: Total Diet Approach to Communicating Food and Nutrition Information Chapters 1, 2
2 – February 4	Writing for the popular press: newspapers and magazines Cross-cultural considerations <b>Newspaper article assignment</b>	D2L postings  Chapter 8 (pp. 162-169)
3 – February 11	Counseling throughout the life span	Chapter 8 (pp. 169-183) D2L postings
4 – February 18	<b>Quiz 1 (weeks 1-3)</b> Needs assessment Teaching strategies	Chapter 11 (pp. 235-237) Chapter 12 (pp. 256-268)
5 – February 25	<b>Newspaper article due</b> Designing teaching plans Performance objectives <b>Teaching project assignment</b>	Chapter 12 (pp. 281-282) Chapter 11 (pp.237-241)
6 – March 4	Oral presentations and workshops Evaluation of Teaching	Chapter 14 (pp. 315-328) Chapter 12 (pp. 268-286)
7 – March 11	<b>Quiz 2 (weeks 4-6)</b> Mass media Using instructional media Written communication: Newsletters <b>Newsletter assignment</b>	Chapter 14 (pp. 328-331) Chapter 15 (pp. 335-349)
8 – March 18	<b>Teaching Project Conferences (1<sup>st</sup> wave groups meet with instructor)</b>	
Week 9 - March 25 - Spring Break		
10 – April 1	<b>Teaching Project Conferences (2<sup>nd</sup> wave groups meet with instructor)</b> <b>1<sup>st</sup> Wave Teaching Projects due</b>	
11 – April 8	<b>Teaching Project Conferences (3<sup>rd</sup> wave groups meet with instructor)</b>	
12 – April 15	<b>Newsletter assignment due</b> Learning theory Group facilitation and dynamics <b>2<sup>nd</sup> Wave Teaching Projects due</b>	Chapter 10 (pp. 220-223, 242-251) Chapter 13
13 – April 22	<b>Quiz 3 (weeks 7, 12)</b> Low literacy and ESL adults Teaching aids <b>3<sup>rd</sup> Wave Teaching Projects due</b>	pp. 182-183 pp. 349-351
Week 14 – April 29 – WDA Conference		
15 – May 6	<b>Teaching Project Report Presentation</b>	
16 – May 13	<b>Teaching Project Report Presentation</b> Course Evaluation	
<b>Teaching Project Report Presentation</b> During Final Exam Time – Wednesday, May 19 12:30 – 2:30 pm		